Dress for Success

Pastor Louis DeLuca
1 Peter 5.5-11
November 1, 2026

The Threat: The Predator on the Prowl
Satan is real, and he wants to catch you off guard

The Defense: Bow Low to Stand Tall
Humility and Courage is the posture that resists the enemy

The Community: You Aren't the Only One in the Fight
Suffering is heavy, but believers around the world are standing in this exact same battle with you.

LIFE GROUP QUESTIONS

1. Peter tells the church to “clothe yourselves with humility toward one another.” What does it practically look like to put on humility in everyday relationships—at home, at work, or in the church—and where do you find that hardest?
2. The passage says God opposes the proud but gives grace to the humble. In what ways have you experienced pride cutting you off from God’s help or from other people? How has choosing humility opened the door to grace in a specific situation?
3. Peter links humility directly to casting all your anxiety on God. Why do pride and anxiety often travel together? How does refusing to carry your own burdens become an act of humility?
4. “Cast all your anxiety on him because he cares for you.” What anxieties are you currently holding onto that feel too big, too small, or too embarrassing to hand over? What would change in your week if you actually believed God cares about those specific things?
5. When you try to cast your worries on Jesus, what usually pulls them back into your own hands—fear of what might happen, a desire to stay in control, or something else?
6. Peter describes the devil as a roaring lion looking for someone to devour. Where have you seen pride or anxiety leave you more vulnerable to spiritual attack? How does staying alert and sober-minded protect you in those areas
7. The command is to “resist him, standing firm in the faith,” knowing that other believers are suffering the same things. How does remembering that you are not alone in your struggle strengthen your ability to stand firm? Share a time when knowing others were walking a similar path helped you resist.