

LIFE Group Questions

1. What questions about the passage do you have after hearing the message on Sunday?
2. Share a time in your life that you needed help and how help came. Read Jonah 2:1-2. In his distress Jonah called to the Lord. Who do you call to in your distress? Read Psalm 4:1, 18:6, 102:2, and 120:1. What does Scripture teach us about reaching out to God in our distress?
3. While in the belly of the fish Jonah knew he needed to look to the Temple of God (read Jonah 2:3-7). In Jewish culture, the temple was the place to meet with God. What is your favorite place to spend time with God?
4. Jonah has been willfully disobedient to God. The three days in the belly of the fish transformed Jonah's hard heart (read Proverbs 4:23, Ezekiel 36:26, 2 Corinthians 4:7-12, and Romans 12:1-2). Where is God working in your heart today?
5. Jonah experienced a spiritual breakthrough while in the sea and in the fish. Share a time when you had a spiritual breakthrough.
6. Jonah repents of the idols that he followed after (Jonah 2:8). We often think of idols as metal or wooden images and they can be, but idols can also be personal comforts, luxuries, material possessions. What idols have you clung to that have hindered your walk with Jesus (Exodus 20:4-6, Micah 5:13, and Acts 17:16)?
7. Share where you're growing in prayer or where you want to grow in your prayer life.
8. Close your time in prayer. Talk about who you will invite to Gold Coast on Sunday.