

SPIRITUAL CARDIOLOGY: LIFE CHANGE THAT LASTS

Why start with the heart?

Deut 6.5-6; 1 Samuel 16.7; Psalm 51.10; Ezekiel 26.36; Matthew 5.8, 22.37; Hebrew 3.12-13

What is the problem with our heart?

Proverbs 20.9

Our hearts have a sin problem

So why do we sin?

Is the heart that important?

Proverbs 4.23; Matthew 5.28, 6.21; Mark 7.20-23; Luke 6.45

The significance of the heart in the bible:

The importance of the heart:

What is the answer to the problem?

Behavioral modification?

Heart regeneration!

What Proverbs says about the new heart:

Proverbs 3.5, 4.4, 5.12, 10.8, 14.30, 15.14, 15.15, 15.28, 16.21, 16.23, 18.12, 18.15, 20.5, 27.19, 28.14

LIFE GROUP QUESTIONS

1. What resonated with you from the message? What questions do you still have?
2. Do you have a new heart? How do you know?
3. What is God showing you about your heart lately?
4. What can you do to nourish your new heart?
5. What are the deep desires of your heart?
6. Why is the Bible so focused on the heart? How is this different than other world religions and systems of living?
7. If you had to pick one word to describe the condition of your heart right now, what would that be? Hard or soft? Broken or healed? Fearful or hopeful? Angry or joyful?
8. Is there an area in your heart where you are holding onto pain, sin, or unforgiveness?
9. What steps can you take today to surrender that part of your heart to God and allow Him to transform it?