## SABBATH FOR THE SOUL

John 5.1-18 September 15, 2024

1. What can we learn from the presence of the pool?

## 2. What does our deep heart believe about salvation?

3. How do you find a Sabbath for the Soul?

## LIFE GROUP QUESTIONS

- 1. What surprised you from Sunday's message? What questions do you still have?
- 2. How can details like the Pool at Bethesda strengthen your faith?
- 3. Why is it important that the Bible is true?
- 4. What does the man's response to Jesus tell you about his spiritual condition? Why does he complain about his inability to get to the water?
- 5. How do our lives sometimes mirror the experience of the man spiritually? (E.g., in what way/ways are you stuck in a spiritual rut? How are you trying to fix yourself?).
- 6. Why are the Israelites focused on the man carrying his mat on the Sabbath and not on his healing?
- 7. In what ways do we lose spiritual focus and fixate on the wrong things?
- 8. Why is it essential for Jesus to have a divine nature and be equal with the Father?
- 9. How can you experience more Sabbath for your soul this week?
- 10. Who in your life needs to hear this message? How will you share it with them?